

Message from the Cathedral in ROUEN

On Wednesday morning – September 19th 2019, I went with my friends to the Rouen Cathedral (Cathédrale Notre-Dame de l'Assomption).

The very facade of this cathedral impressed me with an extremely powerful impression.

Upon entering the cathedral, I was completely enchanted by the space above the crossing, where the tower rises up to 151 meters and creates a feeling of being connected with the heaven.

I perceived that the cathedral carries not only the grandeur of the building itself, but also the sanctity, respect, peace, reconciliation, gratitude and awe of the people who have entered it for centuries and still enter and come here to pray to God.

In addition to this, I perceived the presence of something I could not name but which gave me a deep sense of security, tranquillity and peace.

I sat down in the crossing area to perceive the beauty of the rosette windows and the stained glass, which are placed in the rosettes, and I watched the light that shone through the stained glass and illuminated the cathedral space.

I asked myself, what kind of feeling brought me security, tranquillity and peace?

On that day a trip to Mont St. Michelle was waiting for us. So I had to stop my observation of the stained glass and the light that passed through them and go on without answer to my question.

On Friday – September 20th 2019 we came to the picturesque town of Chartres and straight away we all went to the cathedral. I love the energy that works there because it soothes me and uplifts me at the same time. First we entered the labyrinth to go through it and feel its energy.

Then we went through the cathedral together and finally I sat down at the statue of the Virgin Mary.

As I sat there, I began to perceive the following words that came to me. Gradually I realized that it was the answer to my question that I had asked myself at the Rouen Cathedral.

The Rouen Cathedral is the Cathedral of SPIRITUAL HUMILITY.

The Spirit of HUMILITY that strengthens FAITH in the higher good that the Creator brings to Mother Earth through Love, through himself and through you, human beings. HUMILITY does not mean humiliating ourselves.

HUMILITY does not mean bowing in front of other human beings or statues.

HUMILITY does not mean putting other human beings above yourself.

HUMILITY is the inner feeling that dwells in the heart of every human being that is opened to LOVE and COMPASSION.

HUMILITY is the expression of FAITH in ourselves, in Life, in Love, in the Creator, and in the fact that everything is happening as it should be.

HUMILITY gives the human being the inner power not to judge himself nor to judge others.

If you stop judging, HUMILITY will help you find its twin and that is SELFCONFIDENCE, thus it will help you find the FAITH in yourself.

SELFCONFIDENCE will help you begin to understand what it means to decide freely for yourself, while RESPECTING the free choices of other human beings.

And you can do this just and only when you stop judging yourself and stop judging all other human beings, because in that spiritual humility you can accept everything that comes to you in Life.

And this is a closed circle.

However, many human beings understand HUMILITY as humiliating oneself in front of other human beings and at the same time elevating other human beings above themselves, and therefore you cannot understand what the word HUMILITY is energetically expressing.

This distortion does not allow you to perceive HUMILITY, and therefore you cannot see the true meaning of HUMILITY, which remains hidden from your inner sight.

And PRIDE hides this true meaning of the word HUMILITY, because you do not see that you humiliate yourself in front of those whom you have put above you.

Due to this misunderstanding, you bow down and admire them, and do not you see that what you do, has nothing to do with Humility. In fact, you do the opposite and thus YOU HUMILIATING YOURSELF in front of these human beings. Because Humility of man in front of another man is humiliation, it's not Humility.

And that is why you do not know what true HUMILITY is because you do not understand the SPIRIT OF HUMILITY represented in service and in devotion.

And you already know that everything is related to everything.

HUMILITY is inextricably linked with SELFCONFIDENCE and COMPASSION. Only when you allow Love to enter into your hearts and sow the seed of Compassion and you learn to unconditionally FORGIVE YOURSELF and others, only then the SELFCONFIDENCE and FAITH will come back to you. That means you will understand in your heart, that you have the right to FREELY DECIDE without any limitations and without having to meet the other's expectations. And accept the RESPONSIBILITY for your decisions in a broader context. Then you begin to perceive the vibration of the word HUMILITY and then begin to understand the energetical meaning of HUMILITY. Consequently, you stop humiliating yourself and allow LOVE to flow through your Life without condition and limitation. Then you accept with Humility everything that life brings, not just as soul but also as human being.

This energetical state of SPIRITUAL HUMILITY, in which you rest, brings you INTERNAL PEACE and reconciliation because you can accept with COMPASSION for yourself and others, each situation that is part of your Life and thus stop fighting. Also stop create any pressure, tension, and any pain in yourselves.

You stay in PEACE.

Hence, HUMILITY brings PEACE to Mother Earth.

If you stop humiliating yourself and understand the energetical meaning of the word HUMILITY, you, as human beings, can keep PEACE on Mother Earth.

The fact that you do not see this truth and that this Knowledge is not part of you was created by pride, which took away from you the true meaning of the word HUMILITY and taught you to humiliate yourself and humiliate others.

If HUMILITY is part of you, you can stand upright on your feet while walking freely in your life, because you take RESPONSIBILITY for your decisions and accept all that comes to you and accept the free decisions of other human beings with Love and Compassion in your heart without reviewing, evaluating and judging them.

You are grateful to the Life HERE and NOW as such, because it is part of your knowledge that everything that comes to you has been energetically created for yourself in your thoughts, words, decisions, emotions and deeds not only in this life HERE and NOW, but in all lives throughout the line of time of being here on Mother Earth.

And this is the meaning of the word HUMILITY.

This is a closed circle, but pride does not allow you to see it because it has taught you, through its heads of uniqueness, excellence and importance, to humiliate not only yourself, but to humiliate others as well.

Pride, through its heads of uniqueness, excellence, and importance, has taken EQUALITY and taught you to humiliate ourselves and humiliate others.

This way it took away the knowledge of what HUMILITY means and what a GIFT it brings human beings into their life.

All your problems with your leg joints, whether they are ankles, knees, hips, or toe joints, are an expression of your misunderstanding of the energetical meaning of HUMILITY.

And it is not just the energy of pride as such, but also the energy of humiliating ourselves and others, which is also an energetical expression of pride, but on the other side of the imaginary pendulum.

Once you are able to reconcile within yourself, then you will understand the meaning of the word HUMILITY and then you will be at peace with yourself and others.

You will achieve this state of being only if you accept yourself exactly as you are with all your flaws and imperfections, because they are the GIFT for you to understand and to experience all that you have planned and energetically created for yourself, for your Life.

You can do this by accepting the GIFT OF LOVE, which is FORGIVENESS. This GIFT OF FORGIVENESS, through HUMILITY, will help you return to yourself, to your nature, that is, to who you really are and from what you were born, that is, LOVE.

And this is a closed circle.

And so it is.

Amen.