FAITH AND EXPECTATION - Part 2.

And I actually stood in a beautiful country I had never seen before.

There are mountains around me and there is a blue sky. I was standing on a meadow full of blooming flowers. There is forest all around me, at the edge of the forest where the meadow ends, a stream flows, so I was completely safe and I didn't know it.

And there is real SERENITY. And I feel safe. And I was picking flowers, I got them in the basket. I picked up the basket and walked up the meadow to the sidewalk under the forest, I'm going home. That Light gave me Faith, and now I know I am safe and everything is in perfect order.

When I have this Faith, as if I had an unimaginably great inner strength. I feel it strongly too. I can feel the energy now entering me, into my cells, as if I grew up after walking down that meadow. I know I'm there as a young girl of normal size but I know I'm also a huge being and bigger than the trees in the forest. I perceive the energy, the inner strength that I radiate - as the young woman.

And this energy is immense. And when I have this power in me, I can accept all the situations that come into my life. I can confront them without the fear that plunged me into the darkness before. And when I have this inner strength, I know that whatever comes into my Life I can handle it.

I, here and now, still feel the energy coming in and entering my cells. It's very strange. I feel like the young woman. I walk on the sidewalk with flowers in the basket and at the same time, I'm huge, transparent, bigger than trees. And this huge transparent being walks along with me, gives me a sense of security, strength, safety and she has a firm belief and the Faith that whatever comes, I can stand it.

It was the inner strenght that came and entered me and filled my cells.

And the inner force that can change us in this way is LOVE.

And when your inner self lights up with the Light of Faith and is filled with Love, so you radiate this energy outside and you are not aware of it, but every single human being that is filled with Love in this way shines.

Your physical body is part of that great energy body that is radiant and which is LOVE. Thus every single human being, when its inner self is filled with Love, shines with the pure light of LOVE.

In this way shine the children that are born although their physical bodies are small and tiny, their energy bodies are extremely large, because they are filled with the pure energy of Love with which they were born on Mother Earth.

That's how you shine when you're in love. Likewise, you shine like this when you hold your newborn babies in your arms, when you look at them with love, when you look for them, and when their mothers breastfeed. In the same way you shine when you play, when you are happy, when your heart is filled with Joy and when you feel Gratitude in your heart.

This is how you shine at the moments of becoming part of nature, bathing in the sea, walking in the woods, climbing the mountains, picking herbs, picking flowers on the meadow, giving yourself freely to Being in Love. Then in addition to your physical body, you are also creating this wonderful light, energy body, filled with the energy of Love. The more Love in your heart and inside dwells and shines, the greater your energy body and your the light body is. And

equally, the less Love in your heart and inside dwells, the smaller your energy body and the less radiant you are.

As human beings, you have been energy beings since the beginning of your creation. Only when fear has entered your hearts, you have stopped seeing, perceiving and feeling the energy that you can create within, but know that you have come to Mother Earth as LIGHT and still as LIGHT you come.

This is because at the moment you are born, you are filled with LOVE and thus you shine with the LIGHT that you are.

Therefore, the newborn children smell so beautifully because they smell like LOVE they bring to you. And then they smell like breast milk, for the breast milk is materialized energy of the MOTHER'S LOVE, which nourishes the baby just by the energy of the Love that is materialized in this breast milk.

That is why it is so important that mothers breastfeed their children because it is not just milk as a manifestation of matter in the physical world, but it is the purest energy of Love that the mother gives to her child and nourishes it.

Every little child, whether you are aware of it or not, is nourished by the energy of Love and therefore needs touch, hugging, tenderness, caressing and especially breast milk, in which LOVE is directly materialized.

At a time when the Harmony of Being still existed on Mother Earth, this Knowledge was part of you. You knew that you were energy beings, that you were born from the energy of Love, that you were not just that material physical body, but that Love was shining and radiating in you. And you knew that in order to maintain this Light within you, it was necessary to accept ourselves and others without any conditions and expectations. If you have no, absolutely no expectations, you can accept yourself and any other human being without conditions, exactly as it is, even with its distinctions, imperfections, or mistakes.

And at the beginning of Being, you realized that each of you was unique and therefore you knew very deeply within you and understood that you were different. Therefore, this difference was accepted without any conditions and was accepted by all, inseparably and uniformly. Therefore you did not even judge these differences as imperfections or mistakes of others and therefore you had no EXPECTATIONS in relation to yourself, in relation to others or in relation to all.

The fear that has entered your hearts has brought you comparisons, assessment and judgments. Based on them, you stopped accepting yourself and others WITHOUT CONDITIONS and created rules, regulations and various limitations, and at that time you named this diversity and difference as a lack or imperfection and mistake. And because of these limitations, regulations, and rules, you have stopped accepting yourself and others with NO CONDITIONS and you have started to have expectations of what you should look like, how you should behave, how you should act, how you should speak, and how you should think.

And by accepting this game of fear, through which he taught you to assess, compare, criticize and judge, you have created various conditions, rules, regulations or restrictions, and on this basis, you have created Expectations and thus lost your ABSOLUTE FREEDOM and FREE WILL.

For you as human beings, it is extremely important that you stop creating Expectations for yourself and for everyone else because it is your Expectations that paradoxically, take you your Free Will.

And know that Expectations as such is one of the most powerful tools of fear because between Expectations and Faith there is a very thin line, extremely thin, much thinner than the spider's web, it is just the haze that separates Faith from Expectations.

And that's because Expectations as one of the most powerful tools of fear can turn off the Light of your Faith.

And when the Light of Your Faith goes out, you will fall into the darkness of hopelessness, and even if you stand in the safest place on Earth, you don't know about it, because all what YOU then can perceive around you is just dense, totally black darkness.

And fear has taken your Knowledge that Light of Faith will ALWAYS be at your reach and I will ALWAYS put it in your palm because I love you unconditionally. Thus Fear has taken your ability to light up the Light of Faith inside you so you could shine again with Love that dwells inside you and that represents your inner strength because fear took away your COURAGE so you could stretch out your hand in front of you.