## TRUST, RESPECT, HUMILITY, COMPASSION - Part 4.

You can look at yourself with Love to see where you are on this journey. And the tool you are looking at yourself is COMPASSION, with which you can accept yourself and other human beings, their thoughts, words, decisions, and deeds without criticizing or judging them inside yourself or externally.

And know that when you do this, it is very important that you do so publicly in relation to the other human being. I mean that you express directly your disapproval of her/his action and do not do so only inside of you, because if you act in such a way that you do not openly express your disapproval to the other human being and criticize, evaluate and judge her/him inside yourself, thus you nourish the insincerity, and gradually becoming phony.

And know that INSINCERITY and FALSEHOOD are other tools of fear with which fear puts you in its power and trap you in. Fear has set up a trap in a form of falsehood and insincerity.

And it is through falsity and insincerity that Fear has created another tool and a way in which it unimaginably hurts human beings and creates a lot of pain in them that they cannot cure in that particular life, and that is BETRAYAL.

And fear could launch this tool - Betrayal - into human society because you have created falsehood and insincerity in yourself.

Did you get it? Yes.

At the same time, when you use these tools inside of yourself and you as human being, do not express anything outside, only inside of yourself you evaluate, judge, criticize and condemn, know that, in this way you do the same to you as well, therefore you cannot be honest first of all to yourself.

And through this insincerity toward yourself, fear has managed that you have lost the ability to Forgive yourself because you have basically betrayed yourself.

### And this is another closed circle that fear has created in human society.

Fear has also created this circle inside you and it works in such a way that you are not consciously aware of it.

You do not realize that you have betrayed yourself and therefore the pain is extremely deep and profound, and it will then take away your ability to forgive yourself.

And you betray yourself precisely because you are not and you cannot be honest with yourself. And, of course, what you have inside you is transmitted outside. Therefore, there are so many lies, insincerity, betrayals and falsehoods throughout your human society.

## And this INSINCERITY and FALSEHOOD take away your RESPECT.

It takes you respect for yourself, respect for other human beings, respect for other beings who live on Mother Earth and also takes respect for Mother Earth and therefore you also lose respect for Love and for Life as such.

And precisely because you and your society lose RESPECT FOR LIFE as such, you become blind and stop seeing the objective TRUTH AND THE OBJECTIVE TRUTH IS ONLY ONE.

IT IS THE OBJECTIVE TRUTH OF LIFE IN LOVE, HARMONY, EOUALITY AND IN HARMONY OF BEING ON MOTHER EARTH.

And when you do not see the Truth in Love and the Love in Truth, you lose JUSTICE.

And know, and remember this well, that if your society loses JUSTICE, then you will lose your FREEDOM.

And I have already told you that FREEDOM is the most fundamental right of your SOUL and therefore you create the greatest pain as a human being when you lose your FREEDOM.

And know that it does not matter whether someone else takes your FREEDOM or you take it. The pain you create at the moment is so great that your whole being will be overwhelmed by fear, and you will change your vibration, change the energy emanation of your being, change the energy of your thoughts, and change the energy of your whole society. And like a society that has lost Freedom, it will set you back in time thousands of years. Therefore, it is extremely important that you RESPECT THE GIFTS OF FREEDOM, that you RESPECT FREE WILL of your soul and yourself as human beings.

And if you can give this gift to yourself - THE GIFT OF FREE WILL, FREE DECISION, in its consequences and in a broader context, you also realize the RESPONSIBILITY that brings you this immense gift, then you will have again RESPECT for Love, RESPECT for Life, RESPECT for Freedom inLlife as such.

#### And this is another closed circle.

And now realize for yourself how little Responsibility is in your society and that you have given it to others, that you do not have your Responsibility in your hands and how extremely quickly Respect for Life as such disappears from the society.

Know that if you lose your RESPECT, you will lose your FREEDOM, because everything is connected, intertwined and linked, and everything is related to everything.

And these higher principles of the Cosmic Laws can bring you back to the very beginning precisely because everything is related to everything. Therefore everything is in the circle because the circle has no beginning or end. The circle is an expression of infinity because everything is related to everything.

# If you lose your in any way your FREEDOM, the pain that develops inside of you will take away your ability to FORGIVE.

By losing the ability to forgive in that particular life, you create enormous and profound feelings of guilt, unforgiveness, failure, and unworthiness, which will create **BITTERNESS** in that particular life.

And this bitterness is an extremely powerful tool of fear, for it then acts from the subconscious levels of your being in your other incarnations, and it is from these subconscious levels that you do not forgive yourself and you are not even aware of them in this new life and you do not know why you criticize and judge yourself. The energy of bitterness carries feelings of unforgiveness, failure, unworthiness, rejection and feelings of guilt, and therefore it is so powerful

and able to influence life here and now from the subconscious levels precisely because it takes away your ability to Forgive yourself. In order to find this feeling of bitterness within you, you need to dive very deeply into yourself and you have to be able to look at that feeling, accept again the energy that it holds inside and dissolve it in Love of Forgiveness. This comes only when your heart is filled with deep Compassion and when you have accepted the GIFT OF HUMILITY towards LOVE, LIFE as such.

And it is HUMILITY and RESPECT that can dissolve this bitterness.

If you manage to dissolve and release bitterness in the Love of Forgiveness, you will return to your life a feeling of JOY and a feeling of immensely deep GRATITUDE for Life as such.

And this is another closed circle.

And if you can create the energy of Joy and Gratitude in your heart and inside of you, then you can create the purest vibrations of Love that you come to Mother Earth with and that you are born with. So you close the circle of your being on Mother Earth.

So walk through a Life with Love, with Respect and Humility that will bring you back the ability to Forgive all the pain stored in yourself and in others in order to create vibrations of Joy and Gratitude in your hearts and through them bring back the original Harmony of Being to Mother Earth with which was Earth born.