

My name is Darina Balková and I am one of many women who, just like me, had to deal with been diagnosed with breast cancer in their lives. It happened in 2009.

Based on my own experience, I would like to say that it is important to correct the slogan or motto that is used in connection with this disease and that is „cancer needs to be combated,,. I would like to turn it into the challenge of **„cancer needs to be understood,,**. Only when we can understand and accept this disease can we cure it.

If we fight cancer, we will never be able to overcome it, because the fight will only strengthen it and there will be more and more of it in our society. Cancer, therefore, has so many causes and metaphorically speaking „many forms,, because it is not a disease of our physical human body, but it is actually a disease of the human soul, which when it materializes on a physical level, it manifests itself as a disease of our body.

After only a very short time I realized that I had created this disease myself. From the perspective of contemporary modern medicine, it had no external cause that I could blame it on or to which I could delegate the responsibility for its existence.

And yet it was me who created this disease. It was my own negative thoughts that created toxic substances in my body and they gradually poisoned my organism until they finally manifested themselves on the physical level and materialised in a form of cancer. My negative thoughts lived from my feelings of injustice, which I could not forgive, and gradually transferred into the thoughts and feelings of paying off this caused injustice i.e. in a revenge.

These negative thoughts of injustice, helplessness, revenge and unforgiveness ultimately turned against me. I had to understand and accept that emotions are energy that vibrates in the body, that is, **WE ARE OWN ENERGY.**

Anger is a very powerful energy that vibrates at certain levels and frequencies.

If we cannot express and process the energy of anger, it vibrates in the same place until we release it, and it is this vibration that causes cancer and various other serious diseases. When I went through the understanding of my illness, I had to accept what I had created myself. With time, when I was able to accept this, I have decided to go on the path of healing my soul.

Over time, I understood and realized that I really felt inside an intense and very strong anger. At first, I refused to admit that I felt this feeling. It was only when I named this feeling of anger that I was able to talk openly about it for the first time in my life, to admit that I was angry, to admit that I was feeling very angry and then gradually release it through Forgiveness.

As I read the books „Finding the City of God,, by the Russian physician Ernst Muldashev, I began to realize very deeply that something was quite different from what I so far, had perceived and understood in my life. I began to realize the infinity of life and, in particular, that our soul brings us this infinity of life. And so I gradually began to break many deep-rooted prejudices within me and I realized that we were immortal beings, and that our soul was repeatedly born as a human being, that we had lived many and many lives, and that our soul remembers all these memories, feelings and emotions.

These books were followed by many other books by other authors until I understood the need for me to follow the emotional path of knowing the feelings of my soul. In this process, I realized that I had created a feeling of injustice, hatred, unforgiveness, and desire

for revenge from a feeling of helplessness, anger, humiliation and refusal. I suddenly understood why I found very difficult to forgive the caused injustice and wrongs in my life, and why it always took so much effort for me to forgive. I decided to forgive not only the people who hurt me but especially I had to forgive myself.

The process of deep and sincere forgiveness, especially forgiving oneself, is not easy at all. Finally, I managed to forgive people who hurt me in this life, and I also forgave myself with the help of LOVE which I found again and which came back to my life. And so I kept on following the path of Forgiveness ever since, it's a never-ending process.

In the process of healing my soul, I understood that the pain of the soul is incomparably greater than the pain of the body. The pain of the soul cannot be expressed - it is infinite and permanent. The pain of the body is gone, but the pain of the soul remains. Therefore, in the process of healing, this pain must be accepted as part of knowledge, and thus the soul will be liberated.

I have received in this life God's grace and blessing and I have experienced the healing of soul and body through God's Love. I have thus experienced the power, strength, kindness, mercy, infinity and limitlessness of the energy of Love, although from my human point of view I realise that I cannot fully understand it and that it is very difficult to express it with words.

However, I know for sure that Love is the most powerful energy in the entire universe because it was created by God and is actually God Himself. LOVE is, therefore, the greatest force in the entire universe, and what is very, very important - LOVE IS ALSO ENERGY.

Love is the energy that expands, opens, reveals, shares and heals and therefore Love can heal what was created by the energy of Anger.

Just through the limitless and infinite power of energy of Love I was able to forgive in this life and at the same time, to understand that I have created this disease by myself through my anger, through my inability to forgive and through the great desire for revenge as well.

I have accepted my RESPONSIBILITY for everything what happened and what I have created in my life by understanding that we create everything with our thoughts, words, decisions, actions, feelings and emotions. Whether you recognize it or not. By accepting this Responsibility, the Love in me healed my pride and complacency and turned it to COMPASSION.

With compassion, I have gained the inner strength so I can change the situation. Then I was able to have compassion not only with people around me but also especially with myself. With compassion comes the ability to forgive the alleged injustice and pain that were caused by others. However, with time, I have understood that first and foremost I have to forgive myself.

With this understanding and realisation came the inner peace, serenity and especially gratitude for life, for everything beautiful and joyous in my life.

My HEART gave me COMPASSION and HUMANITY. It was LOVE, which has created that warmth through FORGIVENESS. It was

this warmth that Love created in me and this very deep limitless Forgiveness which have healed and cured my cells in my physical body.

The spiritual will means that I KNOW WHAT I WANT.

I KNOW THAT I HAVE DECIDED FOR IT.

When I decide for something, it is then my Responsibility, and it is this Responsibility that changes things. I KNOW WHAT I WANT, I decided for it and it was important that it came out from my heart. Since in every moment our thoughts materialise, I had the opportunity to even regret and purify my deeds and decisions, and thus I have changed it all through the deep unconditional Forgiveness that I gave to myself and to others as well.

And with this understanding I again asked the following questions:

What is CANCER and why have I got it?

It was the loss of immunity of my physical body because I did not do what I, myself, wanted. I suppressed myself, my needs, my feelings and I did not respect my emotions so much that I have even started to hate myself.

How can I cure it?

I need to return the warmth into my life and into my physical body. This warmth of Love will create a deep and compassionate forgiveness and thus cancer can be cured.

And what is this WARMTH?

The SPIRITUAL FIRE and LOVE. FIRE is the inner warmth – it's CORDIALITY. This inner warmth I have when I have COMPASSION in my heart. When I have COMPASSION in my heart, I can FORGIVE without conditions. And at the same time, I have come to understand that the spiritual fire we create when we are angry, but also when we forgive, when we experience joy, when we are in love when we are happy. But when we are angry for a long so we become sad and finally we give up and this energy of anger then poisons cells in our physical body and the immune system can no longer cope with the energy of anger and ultimately we become ill.

What is the prevention of cancer?

CORDIALITY. I mean, cordiality to ourselves, and not only to other human beings. Our human heart produces a managing control substance, on the basis of which the blood vessels widen and then we feel the warmth. We can feel this warmth when we are able to Forgive deeply in our heart with compassion, and without conditions. I felt this warmth when I began to Forgive.

At the time, I did not understand what I feel and I didn't know that it was Love and Compassion that God gave me, when I gave up my pride and I have accepted my own Responsibility for the Cancer in my breast.

Why I had the Cancer just in my left breast?

Because I did not love myself. I suppressed myself, my own feelings, because I, in my pride, wanted to please everyone around me so everyone can say, that I'm good. And so I then carried in me feelings of deep injustice, misunderstanding, anger, unforgiveness and feelings of guilt, and I did not understand that they were doing just what I allowed them to do and they only mirrored what I have done to myself and what I have thought of myself unconsciously.