ATTACHMENT - Part 1.

A stone ball with an iron hoop in the middle came to me and an iron chain was attached to it that reached very far. The loops of the chain that are close to the iron ball are small and the following ones continue to increase in size in such a way that when I look at them from a distance they all look similarly big. They get bigger proportionally so that every other loop, even in the distance, should seem to be the same size as the first loop at the iron hoop. The enlargement ratio creates the effect that all the chain loops look the same.

It is a delusion because from the point of view of a human eye they are the same but when I touch them with my hands, I can tell that they are getting bigger.

It's similar to the moon. We know it is the same but sometimes it seems to be huge and other time when it rises up into the sky, it is much smaller. It's just an eye delusion.

It is the same thing even with that iron chain.

That's because human eyesight can be deceived.

What we see with our eyes may be different in reality and it may not be true.

It is only when we touch it with our hands that we try to find out how it really is.

Only when we touch it with hands, when we try it out, we can see how it is in reality.

This is how it works, this is our picture of reality and of the objective truth of our life and at the same time, it is a picture of the fact that what we often see in the reality of our true being and life so the reality is completely different from what we see in reality.

We can understand that the picture we see is different, only when we truly touch it with our hands, in other words, when we experience the real situation in life that means that we try out the picture that we see. Only then will we understand that the picture we see and look at is different from the objective truth of the life we live. Only the personal experience in life will show us the Truth of Knowledge.

(a wonderful energy came that passed all over me as if the heat would spill across my body)

Every experience you experience is a Knowledge that becomes a part of you but this Knowledge becomes a part of you only when you have accepted CONSCIOUSLY this experience as your own.

If you cannot accept what you have experienced, if you reject the Knowledge that brought you that experience, it will not become part of you. Therefore you will have a new opportunity in your next life so that you can relive that experience and accept it so that you are able to receive the Knowledge brought by that experience and so it could become a part of you.

Therefore, you experience these situations repeatedly in many lives because you cannot accept the reality of that life and you refuse to accept this experience as your own and thus you do not accept the Knowledge.

And this will repeat till you are able to accept this experience as your own and then that Knowledge becomes an indivisible, inseparable and integral part of you.

And if that happens, then you will be able to distinguish the image that is shown to your eyes as your reality however it is not true from objective truth without having to relive that experience.

You simply know that it is a false image and has nothing to do with objective truth.

That is why you relive the same situations that come to you not only in subsequent lives but also in the particular life and you do not understand them, you do not comprehend them and that is why you do not accept them, you resist them, you avoid them, you create backpressure in yourself against these situations that you live and you do not understand that this is because you cannot accept what you are experiencing.

And it is the energy of RESISTANCE which you create in yourself against this experiences and with which you reject this experience, it is the RESISTANCE what brings these situations back and forth into your life, just like the boomerang when you throw it away.

The greater RESISTANCE you create inside of you by rejecting and not accepting, the more quickly these rejected situations will return to you.

These situations need to be accepted as a past life experience and not as the bad that happened to you in life.

So stop creating resistance but accept it as a lived experience. And by being compassionate to yourself and to the other being, you can accept the fact that it's not about you but about the other person who can't do otherwise and there could be many various reasons and causes for his actions.

Energetically, those causes are stored in his energy field as a result of the emotions and energies that he has created throughout his being. There can be stored the energy of fear, haughtiness, superiority, anger, arrogance, boasting, intimidation, envy, power but also helplessness, powerlessness and incapability. These energies do not allow that human being to act as he wants and not only act but also make decisions, talk and think.

You try to control the thinking, decision-making, acting of the other human being but also how he speaks, how he manifests himself, how he will see and perceive himself. And this is the false image that is imposed on the other human being.

If you understand it and accept it as your lived experience that in your previous lives in your being you have surrendered to it and you have truly transformed yourself into the image presented, showed to you by the other human being i.e. as he wanted you to look like and if YOU accept it as a lived experience, it will become a part of you. If YOU accept that you have allowed the other human being or a group of beings, to transform you on their image and if you accept this lived experience as your own part then in the next life, you need to create COMPASSION in yourself and realise that it's not about you but it is about the other person. Once you grasp your very essence, WHO YOU REALLY ARE then there will be no more fake image that can ever deceive you. YOU have already grasped WHO YOU REALLY ARE.

These are the different situations that come into your life to grasp, understand, experience and accept it as a lived experience because then UNDERSTANDING will come to you through THE ACCEPTANCE in form of KNOWLEDGE.

The UNDERSTANDING is the consequence of this ACCEPTANCE.

This is part of the Knowledge that will become a part of you and it is thanks to this Understanding that will help you to distinguish a false image from an objective truth.

This learned lesson cannot and will never become part of your Knowledge unless you accept it as your lived experience.

And if you don't have the lesson written in you, you make the same decisions all the time and in your words, you do the same mistakes.

And you make those mistakes because you can't sense where the objective truth is and then you see only the false picture presented to you based on which you then decide.

And now, as an example, I will explain to you a false image that can be seen with physical eyes. And that false image shows you that the other human being is screaming or being rude but the real image is that she/he is helpless and she/he is afraid because she/he does not know how to act and make decisions differently in order to get what she/he wants.

And if you have already accepted this experience, your COMPASSION will show it all to you.

And I have already told you that if you have COMPASSION in the HEART, you can have UNDERSTANDING and APPREHENSION with other people.

And it is the anger that will take away all your Compassion.

And anger is the energy of non-acceptance. And this is a closed circle.

If you have COMPASSION in your heart, you will not create resistance, rejection or anger in yourself and at the same time you know it's not about you but about the other person and he has to learn, understand and change something in himself.

At the same time, his reactions, words, and deeds will not bother you and will resilient to it.

This means that thanks to the Compassion that is part of you, you will remain calm and peaceful and you will stop fighting with this other human being.

And we are back at the beginning because I have already explained to you that it is precisely this fight that creates pain in you, in your hearts, in human beings as such.

And just because you have pain in your heart, you fight and this energy nourishes fear as such.

And now realize that the Cosmic law applies both up and down, both in small as in large, both inside and out. And as YOU fight in yourselves as individuals in the small, so, according to the Cosmic Law, you also fight against yourself in human society because what is inside of you is reflected in your society as a mirror.

Now I will come back to you.

And that is why you need, first and foremost, to Forgive yourself for being manipulated, deceived in order to believe in the false image and that you fail to see, perceive, feel, hear or speak, decide or act in accordance with the objective truth.

And because you failed to act, decide, talk, perceive, see, feel the objective truth thus you could not learn or create the objective truth in your thoughts.

Therefore, you easily accept false images as the reality of your life and of your being here on Mother Earth. And that is why you are manipulated and controlled.

And all of this is what you need first Forgive yourself so that it can change in your society as well. And it is the energy of FORGIVENESS that dissolves all that resistance, anger, pressure, or non-acceptance and transforms it into the energy of Love that increases your own vibrations.

And the higher your vibrations, the better you can distinguish the objective truth from the false images presented to you. And this is the reason, how and why you were forced to create these negative reactions in your life.

The higher the vibration a human being has, the more conscious he is, the more own experience he's got which he was able to accept in deep Love and Forgiveness for himself, the easier it is to perceive the objective truth and to recognize false images that are presented as real reality because they perceive them not through physical eyes, not by physical sight, which is very easy to deceive but they perceive them by HEART, depending on how they vibrate, what for vibrations they have because then they perceive very sensitively the presence of vibration of LOVE.

And I told you many times that everything what is not Love is fear.

And it can be dressed up in any way but then, the human being is able to recognize that the dress was not woven from the energy of Love. And if it happens and human the being that gets to this point, that is, that he can perceive and recognize it, needs to learn to stop fighting due to remain part of COMPASSION as such.

As soon as he starts fighting, so the anger that he creates within him takes away all compassion and he changes his own vibration and then fails to recognize which image was created by Love and which by fear. And it is then that fear, through the fight, will put him in his power again.

It is the energy of COMPASSION in relation to oneself but also to others which can then keep you in that imaginary centre full of Love and understanding and only if you preserve COMPASSION in yourself, only then do you not fight.