

## **CRUELTY - Part 4.**

And precisely because you have many energy levels within you and one of them is your ego that can perceive energies in your subconscious levels, so your ego can use those energies in that particular life Here and Now against you to manipulate you, to control you, it has you where it wanted so that you would create FEELING OF GUILT towards YOURSELF.

Your ego will use and utilize the energy of past lives, forcing you to act in a way you never wanted.

And this is because your ego is very fast, impulsive and can shout over the words of your soul that speaks to you, so you need to learn to calm down, quiet down and control yourself to hear your soul, its words to be able to decide in accordance with your heart and not with the ego.

**With HEART because it is the voice of your SOUL and your HEART accepts RESPONSIBILITY for its decisions but your ego does not accept this RESPONSIBILITY.**

This is one of the reasons why you still cannot accept Responsibility within yourselves for your words, decisions, deeds, and even your thoughts because as human beings, you act quickly, impulsively and hastily and do not allow your soul and heart to speak.

**And your HEART is the one who FORGIVES and who LOVES.**

**And your EGO is the one who DOES NOT FORGIVE and FIGHTS.**

**And both these levels are part of you.**

**So RESPONSIBILITY for what you let inside of you to speak out, is your RESPONSIBILITY - you human beings.**

Since everything is related to everything and everything is connected to everything, you never create only one energy inside of your but with it, you create other energies that belong to it and they are its sisters, they come from one another, that is, from the energy that you created in yourself as first.

This energy world is as complex, as interconnected and intertwined as it is the material, physical world that you can see with your eyes.

And this is because the Universal Law applies: both up and down, as in large so in small, both inside and out.

As there is no separation in the physical world, so there is no separation in the immaterial world as well.

Everything is related to everything there as well.

Since the energy that you create is first just in your thoughts, till this energy materialises, it is very important for you to have the will and willingness to understand the immaterial world because everything you create in it, will become part of the matter, that is, the reality of your life that you live Here and Now.

**The energy of your thoughts is extremely important but that is what you often do not pay attention to at times. And that is why you need to accept your RESPONSIBILITY.**

**It is extremely important that you begin to realize how you are controlled and manipulated, in what direction you are being pushed, to think of how you are creating your THOUGHTS and how immensely it affects LIFE on MOTHER EARTH, not just your personal life, but life as such.**

**So accept your RESPONSIBILITY because the way you think, what energy you create in your thoughts, this energy really lives and it is the reality of your life.**

It has been so since the birth of the Universe because the Law of Conservation of Energy applies and you will always experience physically what you create in your thoughts.

If you understand and accept this Law of Conservation of Energy and comprehend it, there may be Love, Joy and Happiness in your lives but if you do not understand it and let yourself to be manipulated and controlled in your lives, there will be fear, hatred, misunderstanding, rejection, hostility, unforgiveness, unhappiness, guilt, which ultimately will turn against yourself.

And so it is.

And now I will return to the beginning.

In order not to do so and to be able to experience Love, Joy and Happiness in your lives, you need to understand that you need to learn to FORGIVE.

First of all, FORGIVE YOURSELF and this is alpha and omega in your life.

Because if you have a LOVE in the HEART for YOURSELF, you can also give it to everyone else but if you don't love yourself, if you create hatred for yourself, then you transform that hatred towards others through mirrors into the energy of cruelty with which you act towards them because you are just as cruel to yourself, you just don't see it and you don't take RESPONSIBILITY for it.

Therefore, you are unaware of the CRUELTY with which you act towards yourself because you do not see it.

Therefore, learn to FORGIVE, to LOVE and to ACCEPT YOURSELF WITHOUT CONDITIONS.

Remember that if you don't accept it, you really can't change it in yourself

If you can't accept it, you don't see your Responsibility.

If you do not take Responsibility for your life, that is, for what you live, you cannot even forgive it to yourself.

And this is a closed circle.

Question: I would like to ask about our ego. Is the ego still present in man?

Answer: Yes.

Question: Can one give up his ego?

Answer: No.

Question: Can an ego-free being create anger, rage or other similar emotion?

Answer: A human being still has an ego.

Question: But I mean beings who do not have the ego - for example, trees, can they create anger, rage or other similar emotions?

Answer: No.

Question: Do trees feel scared because I can feel the trembling when it is said that someone wants to cut them?

Answer: It is not fear as in your human perception.

Trees know and perceive the danger of life but they do not express anger and fear.

They do not have the same variety of emotions as human beings.

The trees just know but they do not solve it because they do not have the ego, they only can arrange accordingly.

Let me put it in this way so that you understand it - that tree will pass over its soul into the ground before we cut it and transfer it to another place, or leave its energy in the ground, or give it to another tree.

Trees work in collective consciousness and not in the individual as you humans, even though each tree is individual.

**Question: Can the ego create fear and thus slow down the soul's development?**

**Answer: Of course, and that is what it is trying to do because the ego also has multiple levels.**

**Question: What is the ego?**

**Answer: It is a very complicated question but I will explain it to you in a simple way. It is part of every human being and as you have soul, spirit, energy levels, physical body, you also have an ego.**

**It is the part of the more intellectual side of you that speaks through the head and mind but the ego is basically a PROGRAM.**

**Question: So was the ego created and given to human beings by the Creator?**

**Answer: No.**

**Question: Is the ego part of a program within which extraterrestrial civilizations have changed our DNA?**

**Answer: Yes, but there were more interventions by extraterrestrial civilizations.**

**Question: The multiple interventions of extraterrestrial civilizations create those multiple levels of our ego?**

**Answer: It is complicated because what is inserted into DNA as information affects all levels of the human being.**

**And it also affects how you perceive time, reality, what personality you are, what kind of abilities you have, that you have only five sensory abilities and now developing intuition and beyond sensory perception. And some of you are already opening your beyond sensory abilities.**

**And this is your way to change because you will reprogram certain genetic patterns that prevent you from understanding and even moving into other dimensions of consciousness because it is through your consciousness that you can make that change - that is, change your consciousness.**

**And the ego, which also has multiple levels, is a designed brake on this development.**

**You cannot give up the ego because it is not just a word.**

**The ego is part of you from birth to death but you can work with it and teach your ego another way of functioning.**

**It's difficult but it is doable.**

**But not by suppressing it and pretending that I do not have an ego and that it does not influence me but on the contrary, by accepting it because you are beings living in duality - that is, everything in your world has its opposite.**

**But which side is stronger is up to you and it's your RESPONSIBILITY.**

**Question: Can it happen that what is for one self-love for the other is egoism?**

**Answer: Yes, it depends on the perception and on the level of the „enlightenment,, - or awareness and of „being conscious,, of that human being because who is aware understands this context quite differently.**