HUMILIATION – Part 1.

Humiliation is an extremely powerful weapon of Fear because it acts covertly.

Humiliation acts as a flick knife.

The knife is hidden in an inconspicuous pouch or tube and the knife is the cruelty that can pop up and kill a human being in a single moment, yet it is not predictable in advance.

Therefore, do not humiliate other human beings nor yourself as this creates cruelty within yourself.

If, as a human being, you learn to be cruel to yourself then you can be cruel to others.

If you are kind to yourself, you are kind to others.

If you respect yourself, you also respect others.

If you honour yourself, you can also honour others.

If you can Forgive yourself, you can also Forgive others.

If you have Compassion for yourself, you can also have compassion for others.

Everything starts with you.

And as you have it with yourself, you have it with the other human beings.

I mean, as human beings, you first learn to be cruel and show cruelty towards yourself and only when you can do it to yourself, you can be cruel to others too.

That is why it is extremely important that you raise your children in LOVE and NEVER HUMILIATE THEM.

It is extremely important.

If, as parents, you humiliate your children, you put a seed of cruelty in their hearts that is small and hidden, as well as that knife that is hidden in the pouch.

And YOU do not see that there is a hidden knife inside the pouch and you also cannot see that this cruelty is growing inside your child.

And just by humiliating and mocking your children or young people publicly in front of others, they cannot Forgive themselves this humiliation and thus they become cruel to themselves first, and then they can become equally cruel to the other human beings as well.

Often times, in adulthood, it happens that they cannot give a chance to other human beings who they meet in their lives and who become part of their lives.

And by not being able to return this humiliation and at the same time neither accepting it nor Forgiving it themselves, they are not able to give Forgiveness to those human beings who have humiliated them and will begin to reject them.

And as parents, you love your children immensely, but the way you choose to show, say, or explain something to your children, your children may perceive as immense Humiliation of themselves and so they gradually condemn their parents in such a way that their parents would cease to exist for them because at the time of the humiliation they did not want to exist at all as well.

And so it may happen that children when they become adults, condemn their parents in the same way and then return their humiliation to them in such a way that they refuse their parents and stop meeting them.

The same goes for relationships with other human beings, not just parents.

If you consciously create a curse in your life, its energy is extremely powerful, it accompanies you through your whole being from life to life and even if you are trying to dissolve those energies in LOVE, you will only succeed unless you become a CONSCIOUS BEING.

If you make a curse as a conscious being, you will be able to cancel it only when you become a CONSCIOUS BEING again.

The existence of the curse accompanies you in your being and acts in your lives and still causes you lot of suffering because it is as hidden as the flick knife in the pouch. And I will return to what I have told you many times.

It is very important that you learn to consciously control your thoughts, as well as the words you speak not only to other human beings but especially to YOURSELF.

In order to stop humiliating YOURSELF with your words, you have to learn to LOVE, ACCEPT, and FORGIVE YOURSELF WITHOUT CONDITIONS.

Only COMPASSIONATE LOVE can transform and change the energies created by humiliation so that they can dissolve and not germinate the seed of cruelty in them.

Cruelty as such creates very low vibrations in the human being.

And if you create cruelty within yourself, you go back in the spiral of your own evolution not only by one turn but very many spiral turns downward and then you have to live a lot of lives to be able to return to that energy of life in which you have created this energy of cruelty.

And it applies that the deeper you fall energetically, the more conscious being you were in that life.

And this is precisely because, as conscious beings, you know exactly what you are going to create energetically with these curses.

It is not the unconscious creation of a helpless being but it is the conscious creation of a being that understands exactly what he creates energetically in his thoughts and what he creates and causes with his words.

And that's why I'm still explaining to you the Responsibility.

Because the more Knowledge becomes your part, the more you need to become aware of your Responsibility in a broader context.

And this is a closed circle.

If, as conscious beings, you do not accept your responsibility in a broader context, you will fall very deeply back in your own evolution spiral and become unconscious beings again.