

# HUMILITY and ATTACHMENT – part 1.

Suddenly I stood as a sentenced convict.

I have a short iron chain wrapped around my leg and a huge stone ball at the end.

The stone ball is much larger than a human, it's like comparing a match with a skyscraper.

Once a man has this huge stone ball attached to his foot, he can not take a single step, he can not move anywhere because the chain is very short so one cannot even move around the stone ball, he simply does not move, he just stands there.

**That stone ball is ATTACHMENT.**

**And this is the essence of ATTACHMENT.**

**ATTACHMENT does not allow a person to make any movement at all, neither to the right, nor to the left, neither to the front nor back.**

**Even when that person decides freely, he can not move, the Attachment will not allow him to do anything because it is ATTACHMENT - it will not allow anyone to move in any way at all even if he chooses it.**

**ATTACHMENT will tie up human being because it ATTACHES and TIES UP human being.**

**And remember that this is also the root of the word – ATTACHMENT.**

**The essence is, to what has the human being created ATTACHMENT in HIMSELF.**

The stone ball is much larger than a human and it is so huge that the human being cannot look beyond it to see what lies behind it because in this way he does not see the essence of his attachment.

Since in that place he stands motionless and behind the ball is hidden what he is attached to, it is not obvious at first glance because the human being cannot see anything through the stone ball because the stone ball is not transparent.

Therefore, the object of attachment can be anything you can think of, anything that is possible or even impossible.

This is not just a thing, i.e. property, cars, houses, ships, power, wealth but also it could be when someone can wear only pink shoes, they must also have a pink purse, a pink hat, a pink scarf, pink nails or for example if someone else insists on serving his coffee only in a white porcelain cup and refuses to drink from another.

Even the absolute nonsense from the rational point of view of the human being can create an attachment for you, just because YOU cannot see through that stone ball what is behind it, what you have created that attachment for and that is why the **ATTACHMENT** will create in you very easily **OBSESSION** with what is hidden behind that stone ball.

As you are not aware of this, so it is very difficult for you to admit and accept that you are obsessed with what is hidden behind that stone ball and that you are absolutely attached to it.

However, just what is hidden behind that stone ball then absolutely controls and directs your life and everything in your Life turns around what you do not see behind that stone ball but for which you have created the immense Attachment.

The Attachment will not allow you to step back and look from a distance that is to get an overview because then you would see it.

It does not matter how big is the stone ball of Attachment what lies behind it, is much larger than that stone ball.

If you could step back and create things from another perspective, you would immediately see what kind of Attachment you have created.

**This is an energy expression of ATTACHMENT.**

Be aware that it does not matter how big the thing is that the human being is creating an Attachment to. It may be as small as a pinhead but the energy radiation it creates is much greater than the Attachment itself. So the energy expression of that thing is always greater than the stone ball of Attachment that you have created yourself.

If you can step back from the stone ball and see things from a different perspective, you will always find out what kind of Attachment you have created.

Since in the life in which you created this huge stone ball of Attachment, you could not move to get another perspective and see what kind of Attachment was created, you have only the chance of trying to extend the chain that the stone ball is attached to your leg.

There is no other way.

So you have to be able to put extra loops in that short chain so that the chain allows you to move more around the stone ball.

**The less HUMILITY and COMPASSION you have inside of you towards not just others but especially towards yourself, the shorter is the chain and the fewer loops it has.**

**Only through HUMILITY and COMPASSION can you extend the number of loops that make up the chain with which is the stone ball of Attachment tied to your foot.**

**In a life where you create this huge stone ball of Attachment and you tie it to your foot and know that you are doing it voluntarily, then you can't step back from that stone ball to see what's behind it.**

This is only possible in the next life when you are born again, when you can step aside from the stone ball.

**Question: Will this stone ball remain even after death?**

**Answer:** No, because at the soul level there is unconditional love and unconditional acceptance. In this level, it is different than at the level of the duality of matter. Since you live as human beings, you need to know the laws and Cosmic Principles in that duality because you need them for your life.

The human being in the matter does not have the Knowledge that the soul has in an environment of unconditional love and unconditional acceptance.

**The essence of this knowledge is that in the life in which you create the Attachment, as a human being you cannot do anything with it, you cannot change it in any way because you cannot step back from it and therefore you must be born again.**

**This is essential. And this is because in life, in which you create the stone ball of Attachment and YOU, YOURSELF voluntarily attach it to your foot, in such life, the HUMILITY is not part of you.**

**So you don't have the tool to create another chain loop to extend it.**

**COMPASSION is the tool.**

**COMPASSION is a natural part of HUMILITY.**

**Similarly, HUMILITY is a natural part of COMPASSION.**

There is another very important connection that you have a hard time to distinguish and this is the difference between Compassion and Being sorry because you can have COMPASSION for yourself or other human beings only when and only when HUMILITY is part of you. If HUMILITY is not part of you, then you just being sorry.

Being sorry does not come from your heart because your ego created it.

**One of the most powerful Attachment in your human society is the Attachment to power, wealth and property.**

And do you know what creates this Attachment? I do not know.

Superiority and pride.

Your own heads of pride which you have allowed to grow within yourselves will create an Attachment as your,,reward,,.

**The heads of pride - superiority, uniqueness, and importance - will create the Attachment to power in you.**

**The heads of pride - greed, haughtiness, and arrogance - will create the Attachment to property in you.**

And to get this possession and power for yourself, this attachment taught you to **MANIPULATE**.

And that is its essence because even Attachment itself manipulates you by not allowing you to see what is behind it, what it hides in itself.

It manipulates you through your superiority, and YOU cease to be **FREE** human beings and you no longer decide **FREELY**.

**And I have told you many times and explained that only when and only if you are a CONSCIOUS human being,you decide FREELY.**

The head of pride of superiority will take your **FREEDOM** very easily through the manipulations it creates in you.

Since a human being is blinded due to this Attachment, it is very easily manipulated by any other human being who sees and wants to take what is hidden behind the stone ball.