# **HUMILITY and PREDUJICE – Part 1.**

A beautiful horse came to me who alternated the colours of his coat from white to dark black. One time, the horse was completely white, then chestnut, then brown or black. By his eyes, however, I could tell that it is still the same horse.

In front of me, there is a bridle in the air but it resembles rather long reins which are used when we teach someone how to ride a horse and there is a whip too.

Every time I want to take that reins to go with it to the horse and put it on him, the whip swings through the air and pulls the reins out of my hands.

The horse then looks at me with his big sad eyes and walks away.

This repeats over and over again.

Then the horse comes to me again but he has a different colour - it is now chestnut colour and is waiting for me to put the reins on him but the whip will pull the reins out of my hands again.

The horse is sad again, lowers his beautiful eyes and walks away.

Then it comes again like a black horse with a beautiful shiny coat and everything repeats.

Although that horse changes his colour, I know it's still the same horse but whatever it's colour I can't come near to him because every time the whip pulls the reins out of my hands.

### Question: How do you feel when it keeps repeating?

**Answer:** I do not know. It's very strange. At first, I repeated it over and over because I didn't know what was coming, I didn't have the experience.

I am always excited when a horse comes to me. I want to go to him and suddenly here comes the "whip-cracking,, it rips the reins out of my hands but I didn't know that whip-cracking will come again, so "I didn't give it up,..

Now I don't want to take the reins anymore, somehow inside me, I know that if I take them in my hands, the whip will rip them out of my hands.

I realized that I didn't need the reins and I went straight to the horse that came now as white.

I touched him and stroked him. He looks at me with his big eyes and they are not sad at all, I see happiness in them.

I grabbed his mane and sat on horseback and walked away, I didn't need reins and I didn't need the whip either. I'm going away on horseback and the reins lie on the ground.

The whip seems to be angry and is whip-cracking in the air however it cannot hit me nor the horse. Some unknown force diverts his whipping into space outside of us.

Always when there is whip-cracking, I can hear it but I will not turn around, neither I nor the horse will turn after the sound as if the horse had not heard it.

As if the whip expected that his whip-cracking would make us turn around but both I and the horse know that the whip won't hit us, so we have no need to turn back to see where it will hit.

We are not afraid at all and we are slowly walking away together.

I do not determine in any way the direction in which the horse should go.

The horse simply knows where to go.

I have a great sense of happiness inside that the horse understands me, that it carries me on his back and that I do not need those reins.

Before that, I had no idea that I didn't need the reins I was convinced I had to saddle the horse that I had to give him the reins because he had come for me to take me away. I didn't

understand it for a long time and it took me ages, very many lives to figure it out.

Every time when I was born again into another life, I forgot this experience.

And so the horse, always with eyes full of sadness, left me alone but I forgot that. As if I still made the same mistake until one day I have realized, I do not know why but I can go to the horse without reins.

I suddenly knew I could do it but how and why I realized it, I don't know.

Prior to that, I had always been offered to take the reins and I had taken them but now when it was offered to me, I did not accept it.

These are the established patterns of behaviour and practices that create habits and patterns in the behaviour of a human being.

When we accept and act according to these habits and patterns, we always achieve the same result because we produce the same energies.

It is a consequence of the Law of Conservation of Energy because when we create the same energies with the same emotions and follow the same steps and procedures, the energy consequence of our deeds is inevitably the same.

We really need to change something in the real-life steps and practices that we, as a human being, do and perform so that the real energy consequence will be different.

A small change is enough to change the reality of our being in life.

This is very strongly tied to the PREJUDICES that have been created in society for PREJUDICES bring very strict and harsh regulations, rules, procedures and steps to be followed by the human being into their life.

That is why the energy impact is always the same.

And that is precisely the fact that those prejudices are able to constrain the society but also the individuals in their actions for such a very long time and they then repeatedly experience the same experiences from life to life and cannot make any changes in their lives because the society punishes any breach of these regulation and procedures that are encoded in society as prejudices.

And society punishes every violation very severely and in some periods of the development of human society, there was a death penalty as punishment for everyone who violated those prejudices or common behaviour practices.

Therefore, in human beings, in their cells, they have encoded FEAR of violating these practices, which are based on the prejudices of society because their violation is punishable by death.

Therefore, when I was offered the reins, I could not refuse it because it is a regulation i.e. an established practice which had to be followed in society.

In order for man to change this and to decide not to accept the reins when it is offered to him, he must first overcome the fear that is stored within him which is written in his cells that there is the death penalty for violating these prejudices. It is only when this fear dissolves within him then he can decide in a different way and refuse to accept the offer offered.

Then he changes the energies that he creates in that situation and so the energy impact is completely different and that human being can experience a different experience.

And this is an experience for which he freely decides.

And this is a closed circle.

#### In short, I'll tell you again.

Therefore, it takes so long for human society as such and also for every single human being to break and dissolve prejudices in himself and in the society because the energy of FEAR of the subsequent punishment for breaching the prejudices is inscribed in the human being as well as in the society. And the punishment in the very long period of your development was the death penalty.

It is this Fear of Death itself that helps to keep these preconceptions alive in the society and therefore they still work and influence the life of every human being that is part of that society.

Since the society itself and the human being acts the same way based on the subconscious Fear of the death penalty, the energy consequences of their actions are still the same in their lives. Only when the human being can dissolve this fear in himself, then he can decide to change the established practices arising from these prejudices and thus change the energy it generates and therefore the consequence of that situation will be different.

#### And this is a closed circle.

Because this Fear of Death is extremely powerful and still dominates individuals and society as a whole, it takes you a long time to change those prejudices in yourself and in society.

It will change thanks to UNDERSTANDING and thanks to your own lived experience because it will overwrite it in yourself and in your cells.

Then you will accept that there is another possibility, a different way, a different process that you can choose in your life, that is, you will deal with the situation in a different way, you will choose different steps, different procedures.

## I will now return to this day.

I explained many times to you the fight will always strengthen and multiply the energy of Fear because it creates the energy of PAIN in you.

PAIN arises when you stop to live in accordance with LOVE. This means that you have flipped into UNLOVE, lost COMPASSION, accepted hatred, anger, envy, resentment, meanness, vengeance, greed, and other low-vibration emotions.

And this is an experience for which he, in other words, you have stopped to be in tune with the LOVE of your SOUL.

This behaviour in you is nourished by your EGO which forces you to FIGHT and it is not the energy level of your SOUL and LOVE.

And you came to Mother Earth precisely to learn to act out of LOVE, the nature of what you were born of and who you truly are - is LOVE.

But in order to be able to perceive LIGHT, there must be DARKNESS.

The power of your ego is as impulsive as the power of Fear.

Therefore, your ego is very fast and striking.

On the contrary, LOVE, like your SOUL, is very tender, calm and kind and in order to perceive it, you need to learn to be quiet, to remain calm, to rest within your heart and not just to be on the surface.

That is why Fear in the past was so powerful on Mother Earth because the reactions of human beings were very violent and passionate and generally, you could not enter inside yourselves and hear the voice of your soul and therefore the fear dominated over the human race and not LOVE.